

Policy Committee Meeting
Central Office – Library
June 19, 2017
MINUTES

Attendance: Rebecca Bowley, Elaine Conant, Eric Curtis, Robert Deakin, Alan Dube, Rae Theriault, Michael Roy, Paul Penna,

Absent: Julie Bruni

The meeting began 5:20 p.m. There was one agenda item for tonight's meeting – the Concussion Policy. Mr. Deakin had requested that this policy be reviewed to ensure that the District is following protocols and is up-to-date with current medical practices. He was questioning if there were any prevention trainings as none were mentioned in our present policy. He said there was a group out of Boston – the Concussion Legacy Foundation that offers a video showing students how to self-diagnose a possible concussion. There may be training on how to prevent a concussion. He was specifically looking for sideline tools.

The CDC website had a preventative video. Mr. Dube has a link to that website and asked to have this added to our training section (it can be found under Maine.gov). It was suggested that someone be assigned the task of researching preventative concussion training videos. Mr. Deakin stated that the Concussion Legacy Foundation out of Boston also has videos. Student training might also be helpful.

Mr. Dube felt that some staff, especially gym teachers, should be required to have concussion training.

Ms. Jenna McCurdy, the MSAD 6 Athletic Trainer, said that although there are not preventative trainings that are presently done, she would like to add neck strengthening and shoulder strengthening with the coaches. Our equipment is inspected yearly to ensure that it is safe for the student's to use. Jenna encouraged limiting heading the ball in sports or limiting helmet practice in football.

Ms. Elaine Conant, RN at Bonny Eagle High School, spoke about how students are referred to the clinic. She did admit that students do suffer off-site head injuries that are not always reported. She explained the severity of sustaining multiple concussions in a year. She also reported that the teachers were very good at enforcing the *Return to Learn* protocols that were put in place two years ago. Coaches enforce the *Return to Play* protocols. An outside group was reviewing several districts' concussion policies and said that MSAD 6 had one of the best they had seen.

No changes were made to the policy at this time as Ms. Libby had to leave the meeting and a quorum was no longer present. Further review will take place at the next Policy Committee meeting.

The meeting ended at 6:20 p.m.